

PLAYer Core Lesson # 2 Courtesy Toward Others

Coach Name: _____ Chapter: _____ Facility: _____ Date: _____
 # of Coaches/Volunteers: _____ # Participants: _____ Age Range: _____ Skill Level: _____
 PLAYer-to-Coach ratio: _____ 3-hole 6-hole 9-hole # of Stations/# of Holes: _____ On-course Off-course
 Duration (mins.): _____ Equipment and supplies needed: _____

Additional Notes: _____

Warm-up				
Time Allotted:		Location(s):		
<i>Mentally and socially engage PLAYers in activities that build rapport and connect to Learner Objectives:</i>				
<i>Physically engage PLAYers in a fitness circuit (Recommend one activity from each Category):</i>				
Strength	Flexibility/Mobility	Agility/Coordination	Balance	Object Control
<i>Safety – Review and emphasize; connect to Healthy Habit:</i>				

Life Skills Experience—The Nine Core Values			
Time Allotted:			
PLAY <small>(Games/Activities PLAYers will experience)</small>	LEARN <small>(Behaviors reflective of The First Tee Code of Conduct and Nine Core Values)</small>	APPRECIATE	YOUR GAME
Activity:	Life Skill—Objective & Behaviors:	Game of Golf:	<i>...the outcomes of integrating PLAY, LEARN and APPRECIATE into each lesson plan. Progression of YOUR GAME is self-paced and can be charted through 3-hole and 6-hole markers, and 9-hole certification.</i>
The Game:	Golf Skills: Select at least two skills <input type="checkbox"/> Putt <input type="checkbox"/> Chip <input type="checkbox"/> Pitch <input type="checkbox"/> Full-swing Golf Fundamental (Factor of Influence): <input type="checkbox"/> Distance-response (Size or length of motion) <input type="checkbox"/> Target Awareness (Target Selection) <input type="checkbox"/> Get Ready to Swing (Hold-Set-up-Aim and Alignment) Physical Healthy Habits: <input type="checkbox"/> Energy <input type="checkbox"/> Play <input type="checkbox"/> Safety	Etiquette:	
Rules of Golf:			
Purposeful Play Activities/Games Description(s):			
Guiding Questions – (Ask questions to connect activities and lesson objectives)			
<ul style="list-style-type: none"> Ask what...? How ...? What is ...? What do the ...? Ask how type of ball requires a different size or length of motion to advance the "ball" 			

Wrap-up	Time Allotted:
Ask open-ended questions to inquire about general experiences, check for learning and bridge to golf and life: <ol style="list-style-type: none"> 1. What did you experience today about...? 2. What did you LEARN about...? 3. How can what you learned today be used in school, at home and in other areas of your life off the golf course? 	

Warm-up (Identify location; activities; number of stations; equipment needed; rotation, etc.)

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Time | **Lesson Progression:** (List bullet-points for time allotted, lesson flow, and location of lesson activities/stations.)

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DIAGRAM: (Identify number of stations and location, equipment needed for each, and brief description for each station activity.)

If needed, attach diagram on separate sheet

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Good-Better-How Feedback (at least 3 Goods and 1 Better/How)

What was GOOD?

What could have been BETTER?

HOW would I improve it next time?